

Spiritual Checkup List

Month: Week:

Like a city whose walls are broken through is a person who lacks self-control. ~ Proverbs 25:28

*How would you rate yourself on the scale of 1 to 10
1- Poor & 5 - Excellent*

Ask Yourself	Su	Mo	Tu	We	Th	Fr	Sa
1. How well we hear?							
2. How well we read?							
3. How well we pray?							
4. How well we sing?							
5. How well we talk?							
6. How well we give?							
7. How well we love?							
8. How well we hope?							

notes



Do not conform to the pattern of this world, but be transformed by the renewing of your mind. Then you will be able to test and approve what God's will is—his good, pleasing and perfect will.

Romans 12:2